

BREAKFAST SANDWICHES

All sandwiches available on Honey Whole Wheat, Farmhouse White, or Dakota.

The Classic Breakfast Sandwich

650-700 cal. \$6.88

Applewood smoked bacon or ham, fresh egg, aged cheddar cheese, and garlic herb spread.

The Loaded 670-780 cal. \$7.65

Apple smoked bacon, fresh egg, Swiss cheese, avocado, tomato, and garlic herb spread.

Ham & Swiss 620-670 cal. \$6.88

Apple Smoked Ham, fresh egg, Swiss cheese, tomato, and garlic herb spread.

Turkey with Avocado

620-670 cal. \$7.09

Honey baked turkey, fresh egg, provolone cheese, avocado, and garlic herb spread.

The Kickstart 690-740 cal. \$6.88

Apple smoked bacon, fresh egg, pepper jack cheese, tomato, and garlic herb spread.

The Garden Veggie

540-720 cal. \$6.56

Fresh egg, avocado, tomato, cucumbers with garlic herb spread.

TOAST BAR

Plain Jane \$2.89 *Two slices of fresh baked bread toasted with butter or jam.*

Avocado Smash 600-660 cal. \$4.95
Two slices of bread, smashed avocado, red pepper flakes, salt & pepper.
Add an egg \$1.75

Spicy Avocado \$6.25
Two slices bread, melted pepper jack cheese with smashed avocado.
Add an egg \$1.75

Peanut or Almond Butter

680-770 cal. \$5.51 *All-natural creamy peanut butter or Almond Butter, drizzled with honey. Add apples slices for 50¢.*

Cinnamon Toast 470 cal. \$3.67

Two slides of Whole Wheat Cinnamon Chip toasted with butter and cinnamon sugar.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.