



ROLL WITH IT!

In the month of January, purchase an all-natural Frontier soup mix and get a 6-pack of rolls FREE!

Enjoy whole grain rolls and healthy, hearty soups for dinner!

Everyday Breads and Sweets:

Honey Whole Wheat

Farmhouse White

Dakota

Extreme Cinnamon Swirl

Whole Wheat Cinnamon Chip

Pumpkin Chocolate Chip

Bacon, Egg & Cheese Breakfast Roll

Whole Grain Cinnamon Rolls

-Glutenless-

Whole Grain Energy Bars,
Granola, GlutenX Bread &
Cookies



Hot Fresh Bread Handcrafted Every Day!

January Breads and Goodies (begins Jan. 6th)

MONDAY BREADS AND GOODIES

GlutenX Bread, Braided Spinach, High Protein/Lo Carb Country Crunch, Whole Grain Blueberry Coffeecake, Apple Cinnamon Vegan Muffin, Blueberry Cream Cheese Scone, Raspberry Peach Savannah Bar, Salted Caramel Cookie, Oatmeal Chocolate Chip Cookie, GlutenX Almond Cookie.

TUESDAY BREADS AND GOODIES

Whole Grain Spelt, Cheddar Garlic with or w/out Jalapenos, Cranberry Orange Bread, Blueberry Vegan Muffin, Cranberry Orange Scone, Whole Grain Brownies, Oatmeal Raisin Cookie, Ginger Snap.

WEDNESDAY BREADS AND GOODIES

Hi Protein/Lo Carb Country Crunch, Breakfast Blast, Pepperoni or Spinach Roll, Pizza Pinwheels, Raspberry Vegan Muffin, Cinnamon Chip Scone, Blueberry Savannah Bar, CranFlax Cookie (low fat, low sugar), Old Fashioned Chocolate Chip Cookie.

THURSDAY BREADS AND GOODIES

Gluten X Bread, Cranberry Orange Bread, Braided Spinach, Apple Cinnamon Vegan Muffin, Lemon Poppyseed Scone, Chocolate Pecan Bar, Peanut Butter Chocolate Chip Cookie, Ginger Snap, GlutenX Almond Cookie.

FRIDAY BREADS AND GOODIES

Monkey Bread, Cheddar Garlic with or w/out Jalapenos, Pepperoni Roll, Pizza Pinwheels, Challah, Blueberry Vegan Muffin, Cranberry Orange Scone, Mixed Berry Savannah Bar, Salted Caramel Cookie, Dillon Cookie.

SATURDAY BREADS AND GOODIES

Monkey Bread, High 5 Fiber with or w/out Apricots, Braided Spinach, Baker's Surprise Muffin, Lemon Poppyseed Scone, Snickerdoodle, Oatmeal Chocolate Chip Cookie.

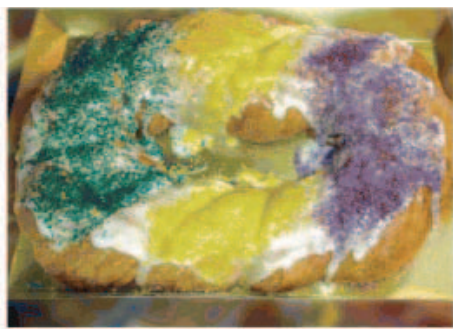
*Hot fresh breads are out of the oven between 9am-11am.
Sweet goodies are fresh from the oven by 7am.*

1240 NW Maynard Rd. Cary, NC 919-460-8158
www.greatharvestcary.com

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.

KING CAKES!

King Cake season runs from Epiphany, January 6th through the beginning of Lent, Ash Wednesday, February 26th. So for your Mardi Gras celebration order a King Cake from Great Harvest! Available January 6th - February 26th by placing an order in advance. Call us at 919-460-8158, \$21.95 each, serves 10-12.



This Mardi Gras traditional cake is made from a light pastry and filled with rich cinnamon and brown sugar.

WHOLE GRAIN GOODNESS

Our old-fashioned bakery specializes in scratch-made breads and sweets, using pure and simple ingredients. We still believe in purchasing non-GMO wheat from family-owned farms in Montana, and fresh-milling our 100% whole-wheat flour. This process not only increases the flavor of our bread, but it also makes it nutritionally rich and extends the shelf life! Eat well, Live well, Enjoy life!



Our signature Honey Whole Wheat bread is made using only 5 pure and simple ingredients - freshly milled whole wheat flour, honey, yeast, water, and salt.

WE CATER!

Do you need a lunch or breakfast meeting catered? We are here to provide you with made-from-scratch sandwiches, salads, fruit, and goodies for your meeting needs. Go to our website and order today! Feel free to call our catering specialist, Amy Hicks for assistance 919-460-8158.



Bread. The way it ought to be.



Our sandwiches are made from fresh ingredients, unique recipes, and put together on our made-from-scratch bread!



What we love most about our business is sharing our FREE slices at our breadboard and sharing fellowship in our cafe. This month marks our 13th year in business!

To show our appreciation we will be hosting Anniversary Specials the week of January 13th. Highlights of our 13th Anniversary Celebration will be coming via email - make sure you subscribe to our email newsletters by going to our website, www.greatharvestbreads.com.

We look forward to serving you in 2020!
With warm thanks,
Paige and Tom Williams

BAG IT, STORE IT, WARM IT

Our bread will stay fresh!
Great Harvest bread will stay fresh at least 7 - 10 days, if stored properly. Once it is cool to your wrist (about 2 hours), place in a plastic bag, press out the extra air, twist, and tie with a twist tie. Bagging the bread before it cools down impacts the texture negatively!

Don't put bread in the fridge.
This will cause the honey to crystallize and dry out your bread. However, if your bread contains cheese or meat, it will need to be refrigerated within 24 hours of purchase.

Our bread freezes nicely!
Double bagging helps to prevent freezer burn, but it's best to wait 24 hours after purchasing to freeze. To thaw, set bagged bread on the counter for 24 hours.

Want a warm slice of bread?
Simply toast or re-heat in the oven! Wrap it in foil, and place it in the oven at 350° for 15 minutes. You should never put our bread in the microwave, it will become hard and gummy.

Enjoy!



BE loose and
have FUN!

Bake *phenomenal*
bread.

Run fast
to serve others.

&GIVE
generously.

— Our Mission