



AUTUMN APPLE BREAD IS BACK!

It's Apple season! This month we are featuring apple goodness in our breads, muffins, bars, and scones. Try our Autumn Apple Bread full of apples, golden raisins, sunflower seeds, real maple syrup, and nutmeg. We promise, you will fall for this wholesome, delicious bread. Try it with our Applewood Smoked Ham for a tasty lunch sandwich!

Everyday Breads and Goodies:

Honey Whole Wheat

Farmhouse White

Dakota

Extreme Cinnamon Swirl

Wheat Cinnamon Chip

Pumpkin Chocolate Chip

Whole Grain Cinnamon Rolls

Bacon, Egg & Cheese Rolls



Hot Fresh Bread Handcrafted Every Day!

September Bread and Goodies Menu!

Ask us about our community fundraiser this month- it's all about supporting our kids!

MONDAY BREADS AND GOODIES

Autumn Apple, Three Cheese Swirl, GlutenX Bread, Whole Grain Spelt, High Protein/Lo Carb Country Crunch, Cherry Almond Vegan Muffin, Caramel Apple Scone, Strawberry Savannah Bar, Salted Caramel Cookie, Oatmeal Chocolate Chip Cookie, GlutenX Almond Cookie.

TUESDAY BREADS AND GOODIES

Apple Spice Teacake, Cheddar Garlic with or w/out Jalapenos, Apple Cinnamon Vegan Muffin, Cranberry Orange Scone, Savory Ham and Cheese Scone, Pumpkin Spice Bar, Chocolate Bliss Cookie, Oatmeal Raisin Cookie.

WEDNESDAY BREADS AND GOODIES

Autumn Apple Bread, Hi Protein/LoCarb Country Crunch, Pepperoni or Spinach Roll, Pizza Pinwheels, Blueberry Vegan Muffin, Cinnamon Chip Scone, S'More Bar, Ginger Snap, Old Fashioned Chocolate Chip Cookie.

THURSDAY BREADS AND GOODIES

Apple Scrapple, Cheddar Garlic with or w/out Jalapenos, GlutenX Bread, Apple Cinnamon Vegan Muffin, Savory Ham & Cheese Scone, Apple Spice Savannah Bar, Peanut Butter Chocolate Chip Cookie, Ginger Snap, GlutenX Almond Cookie.

FRIDAY BREADS AND GOODIES

Autumn Apple, Monkey Bread, Challah, Three Cheese Swirl, Pepperoni or Spinach Roll, Pizza Pinwheels, Harvest Berry Vegan Muffin, Chocolate Chip Cream Cheese Scone, Pumpkin Spice Bar, Salted Caramel Cookie, Oatmeal Raisin Cookie.

SATURDAY BREADS AND GOODIES

Key Lime Teacake, Monkey Bread, Potato Cheddar Chive, High 5 Fiber with or w/out Apricots, Baker's Surprise Muffin, Pumpkin Cream Cheese Scone, Bread Pudding, Old Fashioned Chocolate Chip Cookie.

1240 NW Maynard Rd. Cary, NC 27513

919-460-8158

www.greatharvestcary.com

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.
Closed Sundays for Loafin'

NO KID SHOULD GO HUNGRY!

Join us this month is helping fight childhood hunger! The next generation is being held back by hunger, but it doesn't have to be this way. Help us feed children in our community! We are partnering with NO KID HUNGRY for the whole month of September. Watch for details about special events on our Facebook page! Mark September 27th as our BIG day for dough-nating!



No child should grow up hungry in America, but 1 in 6 kids will face hunger this year!

INTRODUCING....

M'Amy's Signature Pimento Cheese Sandwich. Pimento cheese is a southern classic and our "M'Amy" has put a delicious twist on this classic! Served on our Farmhouse White Bread with warm bacon it is a true southern treat! Stop in and try it!



M'Amy's Signature Pimento Cheese Sandwich is here!

CROWN CHALLAH FOR ROSH HASHANAH!

For the Jewish Holiday we will be making Round Challah Crowns for your celebrations. Available with or without Golden Raisins, and baked fresh Thursday, September 26th through Monday, September 30th. Please call us to place your order 919-460-8158. Pre-orders requested.



Crown Challah for your holiday!



Bread. The way it ought to be.



We enjoy being a part of farmers markets, at community events, and sponsoring fitness activities. You can also find us Saturday mornings at the following farmers markets:
Downtown Apex Farmers Market
Holly Spring Farmers Market

Eat Fresh, Buy Local!

BAG IT, STORE IT, WARM IT

Our bread will stay fresh!

Great Harvest bread will stay fresh at least 7 - 10 days, if stored properly. Once it is cool to your wrist (about 2 hours), place in a plastic bag, press out the extra air, twist, and tie with a twist tie. Bagging the bread before it cools down impacts the texture negatively!

Don't put bread in the fridge.

This will cause the honey to crystallize and dry out your bread. However, if your bread contains cheese or meat, it will need to be refrigerated within 24 hours of purchase.

Our bread freezes nicely!

Double bagging helps to prevent freezer burn, but it's best to wait 24 hours after purchasing to freeze. To thaw, set bagged bread on the counter for 24 hours.

Want a warm slice of bread?

Simply toast or re-heat in the oven! Wrap it in foil, and place it in the oven at 350° for 15 minutes. You should never put our bread in the microwave, it will become hard and gummy.

Enjoy!



BE loose and
have FUN!

Bake *phenomenal*
bread.

Run fast
to serve others.

&GIVE
generously.

— Our Mission