



BAKERY CAFE

Bread. The way it ought to be.

Sandwiches...

Taste one of our favorites!



Each sandwich is made to order and prepared with only the freshest ingredients. Sandwiches are offered on our Honey Whole Wheat, Farmhouse White, or Dakota Breads. GLUTEN FREE breads available in early April.

CLASSIC SANDWICHES

Beyond Fresh.



Classic Ham & Cheese \$7.00
Smoked ham with cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Classic Turkey \$7.50
Smoked turkey breast of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Roast Beef and Provolone \$8.00
Roast beef with provolone cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

PB & J \$2.75
Creamy Peanut Butter & Jelly

BREAKFAST GOODIES

The perfect spot for breakfast!

Morning Goodies
\$2.50 each or 4 for \$9.00

Choose from a variety of our made from scratch breakfast goodies. We offer a fresh muffin of the day, a soft and scrumptious scone of the day, a specialty bar of the day, and of course our whole grain cinnamon rolls. Unique and flavors each day!



SIGNATURE SANDWICHES

Fresh made with simple ingredients.

California Cobb
..... \$8.25
Smoked turkey breast and bacon topped with a blue cheese yogurt spread, smashed avocado, lettuce, tomato, onion, salt & pepper mix.



Louisville Chicken Salad
..... \$8.00
White meat chicken, mixed with sweet and spicy pecans, combined with a savory mayonnaise. Served on your choice of bread with lettuce, tomato, onion, and salt & pepper mix.



Harvest Veggie
..... \$7.25
Fresh Pepper Rings, Cucumber Slices, Provolone & Cheddar Cheeses with a Sundried Tomato Pesto. Includes lettuce, tomato, onion, and salt & pepper mix.



The Italian
..... \$8.00
Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade and provolone cheese drizzled with red wine vinaigrette. Served on White Bread with lettuce, tomato, onion, and salt & pepper mix.



SEE THE OTHER SIDE FOR MONTHLY BREAD SPECIALS, SALADS, AND GRAIN BOWLS!

GRAIN BOWLS & SALADS

The greatest thing since sliced bread!



Sesame Chicken Grain Bowl \$8.25
Grilled chicken breast, peanuts, and cashews on mixed greens and cabbage. Tossed with carrots, sesame seeds, toasted wheat, quinoa, and our incredible house-made miso vinaigrette.



Fresh Seasons Grain Bowl \$8.00
Kale & mixed greens, sliced almonds, sunflower seeds, crumbled feta cheese, and slices of sweet seasonal strawberries. Tossed with toasted wheat, quinoa, and our house-made balsamic vinaigrette.



Greek Salad \$8.00
Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese topped with our house-made red wine & olive oil vinaigrette.



Yardbird Salad \$8.25
Mixed greens, chicken, spiced seeds & nuts, roasted chickpeas, golden raisins, and Parmesan cheese topped with house-made avocado goddess dressing.

We Cater

Announcing a new alternative to catered breakfast and lunch meetings! We have a full line of breakfast and lunch options for your catered event and we even deliver! Go to www.greatharvestcary.com for more info.

What's New this Summer?

Ice Cream Sandwiches

A sweet cool treat to beat the heat! Created with our made-from-scratch cookies and filled with a soft creamy vanilla bean ice cream!



Star Spangled Swirl

A Summer favorite! This decadent whole grain bread is full of blueberries, tart cherries, apples, and cranberries. This bread is an explosion of flavors for your palette!



Cheddar Garlic Burger Buns

Perfect for summer time grilling! These buns add an amazing twist of flavor to grilled beef burgers, veggie black bean burgers, and can even be used for BBQ sandwiches!



GlutenX Bread

All the taste without the gluten! GlutenX Bread, muffins, and cookies are made on Tuesdays and Fridays. They sell out so phone ahead to reserve yours!



Soup *Warm up your lunch with soup!*

Soups

Daily varieties available.
8oz Cup ... \$3.00 12oz Bowl ... \$4.75

DRINKS

Assorted Bottled Drinks

20 oz Bottle ... \$2.00 Naked Juice ... \$3.50

Iced Tea

20oz ... \$1.50

Coffee/Hot Tea

12oz Small ... \$1.95 16oz Large ... \$2.10

COMBOS *Make it a meal.*

Add Chips and Iced Tea \$2.50

Add Chips and a Bottled Drink \$3.00

Add Soup \$2.50

